

Breastfeeding Educator Basics

Creating a Network of Support
for New Families

If you provide care to new families and would benefit from an in-depth, interactive introduction to breastfeeding support, this course is perfect for you!



Join a small group of learners and explore the history of breastfeeding practices, discover personal attitudes about infant feeding, identify unique information about human milk, develop a deeper understanding of barriers, and learn support techniques and problem-solving strategies. Past participants identify this course as an empowering, engaging opportunity to learn new skills that can be applied in a variety of settings that serve families.



Taught by Ann Seacrest, RN, IBCLC, who has 35 years of experience as a doula, childbirth educator, postpartum nurse, and lactation consultant.

Co-sponsored by MilkWorks and Partnership for a Healthy Lincoln.

Two options are available:

- Attend a 15-hour “certificate of attendance” course. Tuition is \$90. Scholarships are available. **The next course starts August 23, 2021.**
- Attend a 15-hour course and receive nursing contact hours through Southeast Community College.

Both courses are taught live via Zoom in five (5) three-hour sessions.

Contact annseacrest@ars-health.com for additional information.