Methodist Women’s Hospital will test all pregnant women for COVID-19 prior to a scheduled delivery.

Obstetric patients can be asymptomatic carriers of the virus. An asymptomatic patient is someone who has COVID-19 but does not have symptoms. This information is valuable as we strive to keep all mothers and newborn babies in our care safe.

COVID-19 Testing Before a Scheduled C-section or Induction

- Your OB/GYN provider will order a COVID-19 test 2-4 days before your scheduled delivery.
- You will be given the date, time, and location of the drive through testing station.
- You should home quarantine after your test is performed until your scheduled delivery.
- The test results will be available within 24-48 hours.
- Your provider’s office will call you with the results. If you have registered for the Patient Portal, you can view your results there when available.

**Negative test result** - I do not have COVID-19.
- You will proceed with your planned admission and receive routine obstetrical care.

**Positive test result** - I have COVID-19.
- You will be admitted as planned. Staff will take extra precautions to keep you, your baby, our other patients and staff safe.
- Your provider will determine the appropriate plan of care for you and your baby based on how sick you are.
- **We do NOT routinely separate newborns from mothers who have COVID.**
- Your baby will also be tested at around 24-48 hours of age. This is valuable information as we care your baby and plan for discharge.

**What if I go into labor on my own?**
If you have not had a COVID test, upon admission the care team will decide whether testing is necessary. This decision is based on your exposure to COVID-19 and your symptoms.

**Do I have to have a COVID-19 test?**
The purpose of the test is to keep all mothers and newborn babies safe. We will respect your decision to accept or decline testing.

**Will my support person be tested?**
No. He/she will be screened for COVID-19 symptoms and will be required to wear a mask at all times while in the hospital.

**Is the healthcare team tested?**
Doctors, nurses and other staff are screened for COVID-19 symptoms each day before entering the facility. Staff are tested if he/she has symptoms. Employees are required to wear a mask at all times.

Updated 11/18/2020. All content and guidelines provided herein are the algorithms and work product of The Nebraska Methodist Hospital and are to be used solely for educational, informational and guidance purposes only, and the guidelines, algorithms and work product are not intended to serve as a substitute for individualized professional medical advice, guidelines, diagnosis, or treatment. Further, it is noted and should be understood that guidelines, algorithms and work product concerning COVID-19 are dynamic and may be modified at any time. Nothing contained herein establishes or shall be used to establish a standard of care.